



Massage Studio Comparison Chart

Service	Other Massage Studio	HOH Bodywork
Time/hr session	50 min	60 min. (16.7% more)
Cost/min.	\$1.18	\$.92
Tax	in addition to cost posted	Included in fee
Aromatherapy	\$10 extra (\$15 for non-members)	Included
Deep Muscle Therapy	\$12 extra (\$18 for NM)	Free on request/included
Tea/bottled water	For members only	Included
Med. grade essential Oils	No—unless you pay extra	Yes-100% organic therapeutic/medical grade oils used
Tables	Heated	Heated + 5 in. memory foam
Foot reflexology	Yes	Yes with essential oil soak. Essential oil soak increases muscle relaxation, increases circulation, naturally disinfects, softens feet, stimulates immune system, and more.
Therapist	Can request/not guaranteed	Always get same therapist
Therapeutic education	varies from 0-?	5 years bodywork and 9 years as a professional dancer/athlete and teacher
Therapies	hands on massage	Hands on massage, essential oil treatments, energy work, assessment and referral options

Philosophy	Come in, we'll fix you	Come in, I'll fix you and give you self care knowledge to save your pocket book.
Business	Big corporation	Private local business
Educational materials	Basic Sales brochure	Facebook and website links to health and helpful knowledge and resources, personally written and published articles and blogs on health tips.
Coupons	1 on birthday month	Various deals each month

Now that you know why we receive so many great testimonials. See and feel the difference for yourself. Call us at 612-269-2207 now! Your body will thank you!